



PATRICE KEITT

Partner

Areas of coaching expertise

- Management and leadership development
- Executive presence
- Communication skills
- Team building
- Stress management and peak performance
- Emotional intelligence
- Habit formation
- Mindfulness, meditation and yoga
- Adult development and neuroscience
- Mid-career transition
- Group facilitations and webinars
- College to career transition

Professional experience

- Partner, Clear Path Executive Coaching
- CEO and Principal, Anne Fontaine USA
- Vice President and COO, Wolford
- Corporate Associate, Shearman & Sterling, Davis & Gilbert
- Founder, Patrice Keitt Yoga

Education, Certifications & Affiliations

- J.D., University of Pennsylvania Law School, *cum laude*
- B.A., Political Science & French, Hofstra University, *summa cum laude*
- International Coach Federation PCC
- Co-Active Training Institute (CTI) Certification
- Myers-Briggs Type Indicator (MBTI) Certification
- Gallup CliftonStrengths Coaching
- Yoga Alliance Certification
- NYU Stern School of Business Leadership Development Program Coach

Background and Approach

Patrice is an authentic and insightful teacher and coach whose holistic and practical approach reflects her belief that a successful, satisfying career is as much a product of self-awareness, determination and resilience as it is of talent and technical skill. In her work with clients, she draws on the analytic skills she honed as an attorney, her corporate experience as a CEO building and mentoring teams of professional managers throughout the US for two European luxury brands as well as her extensive training in and teaching of yoga, meditation and mindfulness practices. Her approach is also informed by her experience as a student of professional development for over 25 years as well as her interest in neuroscience and habit formation.

Patrice is passionate about sharing her training and experience to help others fulfill their potential and find their clear path. To that end, she works with senior and mid-level executives across a wide range of industries, helping them build rewarding, challenging and inspiring careers as well as coaching them on management and leadership issues. She has a positive and collaborative style and empowers her clients to tune into their innate wisdom and act on their vision.

In addition, she regularly conducts corporate seminars and workshops on topics relating to leadership development, team building and peak performance. Past and current clients include Kaplan Test Prep, Stella McCartney, The Aspen Institute, Richemont NA, Van Cleef & Arpels, Sullivan & Cromwell, Davis & Gilbert, Jones, Lang LaSalle, New York District Attorney's Office, Ernst & Young, Amerigroup, Baker Tilly-Vantagen, Christie's, Macy's, Citibank, CohnReznick and JP Morgan Chase.

Select client results

- Coached a recently promoted senior executive of a global company to improve his ability to manage a new team calmly and effectively. After conducting 360 reviews focusing on emotional intelligence competencies, used various techniques, including mindfulness and meditation to increase his self-awareness and improve his communication skills and identified a wide range of resources to promote professional and personal growth. As a result, he developed more collaborative work relationships and an increased ability to manage stress, communicate and lead his team. At his performance review, he was told by the President of the company "we see a new person and we like it."
- Successfully coached a highly-regarded VP over six months as she transitioned to a more strategic role, overseeing a larger team. Conducted biweekly sessions focused on issues ranging from building stronger peer relationships, helping direct reports navigate change, leveling up her executive skills around developing forward looking strategies and advocating for solutions to organizational problems. At the end of the six-month engagement, I was asked to extend the coaching engagement to act as an ongoing sounding board for the coachee on a monthly basis.

