



PATRICE KEITT
Partner

Areas of coaching expertise

- Management and leadership development
- Executive presence
- Communication skills
- Team building
- Peak performance
- Mindfulness, meditation and yoga
- Emotional intelligence
- Mid-career transitions
- College to career coaching

Professional experience

- Partner, Clear Path Executive Coaching
- CEO and Principal, Anne Fontaine USA
- Vice President and COO, Wolford
- Corporate Associate, Shearman & Sterling, Davis & Gilbert
- Founder, Patrice Keitt Yoga

Education

- J.D., University of Pennsylvania Law School, *cum laude*
- B.A., Political Science & French, Hofstra University, *summa cum laude*
- CTI Co-Active Coach Training Program

Affiliations and certifications

- NYU Stern School of Business Leadership Development Program
- Myers-Briggs Type Indicator (MBTI) Assessment
- Immunity to Change Facilitator
- Affiliate member, Institute of Coaching at McClean Hospital, Harvard Medical School
- Yoga Alliance Certified Teacher

Background

Patrice is an authentic and insightful teacher and coach whose holistic and practical approach reflects her belief that a successful, satisfying career is as much a product of self-awareness, determination and resilience as it is of talent and technical skill. In her work with clients, she draws on the analytic skills she honed as an attorney, her corporate experience as a CEO building and mentoring teams of professional managers throughout the US for two European luxury brands as well as her extensive training in and teaching of yoga, meditation and mindfulness practices. Her approach is also informed by her experience as a student of the process for over 25 years.

Patrice is passionate about sharing her training and experience to help others fulfill their potential and find their clear path. To that end, she works with senior and mid-level executives across a wide range of industries, helping them build rewarding, challenging and inspiring careers as well as coaching them on management and leadership issues. She has a positive and collaborative style and empowers her clients to tune into their innate wisdom and act on their vision.

In addition, she regularly conducts corporate seminars and workshops on topics relating to leadership development, team building and peak performance. Past and current clients include Stella McCartney, Richemont NA, Van Cleef & Arpels, Sullivan & Cromwell, Cravath, Swaine & Moore, Davis & Gilbert, Jones, Lang LaSalle, New York District Attorney's Office, Ernst & Young, Amerigroup, Baker Tilly-Vantagen, Christie's, Macy's, Citibank, CohnReznick and JP Morgan Chase.

Select client results

- Coached a recently promoted senior executive of a global company to improve his ability to manage a new team calmly and effectively. After conducting 360 reviews focusing on emotional intelligence competencies, used various techniques, including mindfulness and meditation to increase his self-awareness and improve his communication skills and identified a wide range of resources to promote professional and personal growth. As a result, he developed more collaborative work relationships and an increased ability to manage stress, communicate and lead his team. At his performance review, he was told by the President of the company "we see a new person and we like it."
- Facilitated a two-day off-site retreat for a non-profit organization to re-inspire entire staff about the organization's values and mission, engage in a visioning process to fuel creative thinking about the organization's 10 year strategy and help develop a deeper understanding of staff work and communication styles and their effect on internal dynamics and client engagements. Incorporated the creative use of exercises from improvisational theater and mindfulness teachings along with traditional assessments and strategic planning methods to develop a retreat recognized by the organization's president as highly informative, uplifting and engaging